

BALI SOJOURN

You Will Not Walk Out The Same Man You Walked In ...



WHAT THIS IS

Seven days. Meet yourself at a deeper level, and walk away clearer and stronger.

It's seven days with a small group of men who are done pretending, held by two guides who've done their own work first. No podium. No hierarchy.

"It won't change you into something you're not. It'll bring you closer to the thing that you are."

SEAN, SUNSHINE COAST

"There was no podium speaking. No dictation. A group of men supporting and empowering each other."

ANDREW, BRISBANE

You'll be immersed in real group work: trust, choice, vulnerability, honest conversation in circle. You'll be invited to drop the armour and meet yourself, and the other men, without pretending.

"We could just be men in conversation. I didn't feel like I had to pretend to be someone else."

CHRIS, NSW

We weave in ritual and stillness alongside laughter, music and real connection: village walks, shared meals, a culture built around presence.

You'll leave with more than memories.

You'll leave with momentum.

"Walk away a more powerful, present and understanding human being."

NATE, BRISBANE

**This is the part men don't expect going in ...
yet it's the part they talk about most, on their way out!**

"I can call every single one a brother."

KT, MELBOURNE

*"We've made lifelong
friends."*

BEN, QLD

*"I fell into trust with
everyone in the group.
I could be emotional
and express. I felt
heard throughout the
experience."*

LIAM, BRISBANE

*"I've bonded with them
on the highest level. I
didn't think I could
have friendships this
deep, vulnerable and
intense."*

NATE, BRISBANE

No one's better than anyone else in the room. You're all on the same level, including the men running it.

*"You weren't just facilitators. You were participators. We were
all on the same level."*

BEN, QLD

THE WEEK

- 30+ hours of transformational group work, grounded in trust and honesty
- Deep sharing circles that ask you to show up fully: no masks, no pretending
- Time for stillness, ritual and personal reflection
- Play, music, laughter, adventure, and the plain joy of being with other men
- Connection that isn't forced, and friendships that go past small talk



Scan to see what previous participants say about the week

VISION VILLA RESORT



Often, we're the only guests, so it's just us ...

Every room is private, air-conditioned, and beautifully furnished.

A pool, restaurant and spa complete the setting, run by staff who deeply care about each guest.

Comfort isn't the point of the week. But it makes the real work possible.

WHY BALI



Because this kind of work asks for space, and Bali gives it generously.
Seven days, fully facilitated, far enough off the beaten path to make you the priority.

No admin. No inbox. No performance.
Simply space to reflect, reset and reconnect.

"Bali is incredibly spiritual."

ANDREW, BRISBANE

"I felt at peace the moment I arrived in Bali. The venue was a big part of my nervous system relaxing."

CHRIS, NSW

Come for the growth. Stay for the beauty. Go home different.

YOUR PROGRAM GUIDES

Two men who've done their own work long before they started holding space for yours:



FOUNDER, GOOD BETTER BEST MEN & YOUR CORE

Luke Di Sessa

Luke is the founder of Good Better Best Men, a not for profit guiding men into deeper self-awareness and connection, and the creator of Your Core: practical tools for the inner work most men were never taught to do.

He's lived a few different lives on the way here: church, military, corporate, rural, angry, reactive, apathetic, devoted. He's walked with hundreds of men doing the same work since.

He facilitates group work through Begin the Journey, Lead the Journey and the Log Cabin Project, and brings that same grounded presence into Bali Sojourn: a space where men feel safe enough to drop the armour and tell the truth.



AUTHOR, MAN UNPLUGGED

John Broadbent

John, known as "JB" to the men who've sat in circle with him, is a father to two grown sons, a husband, a business owner, and almost thirty years into his own men's work.

He wrote *Man Unplugged: Secret Men's Business for Men and Those Who Love Them*, and keeps exploring his own eldership by helping other men take the journey with purpose and support.

Bali Sojourn grew out of the Nullarbor Sojourn: twelve men, the middle of nowhere, a week that changed how John thought about what this work could be.

He offers this retreat as his way of paying forward what the elders before him gave freely.

*"The energy that you put into every little detail, gave **me** energy."*

KT, MELBOURNE

WHO THIS IS FOR

Men aged 21 to 55, ready to look at the next stage of their life honestly, and willing to invest in themselves to get there.

You don't need to have it figured out. You don't need to be in crisis. You just need to be willing.

"Trust your gut that there is something bigger and something more. Come into it with no expectations other than openness."

ANDREW, BRISBANE

YOUR INVESTMENT

A\$5,500

Early-bird: A\$5,000, for deposits of A\$1,000 received by the advertised early-bird date. Final payment due 45 days before the advertised start date. Payment plans available on request.

What's included:

- Airport transfers to and from Denpasar
- 7 days/nights, private single-occupancy villa
- All breakfasts, lunches and Balinese evening feasts
- All group work sessions (30+ hours)
- Local transport, village walks, cultural activities
- Laundry at the venue and staff gratuities
- ... plus a few surprises!

What's not included:

- Return airfares
- Travel insurance (strongly recommended)
- Alcohol and bar-fridge extras (~A\$8 a Bintang)
- Personal shopping (most men spend ~A\$100)
- Massages (A\$15–30/hr, easy to get used to!)

BOOKING & CANCELLATION T&Cs

There are a limited number of places available on these events, so we need to manage bookings carefully:

- Cancellations less than 60 days before the start date forfeit 100% of the deposit payment. We will refund your deposit if we can fill your cancelled place
- Cancellations between 60 and 90 days before the start date forfeit 50% of the deposit payment unless we can fill the cancelled place
- If we cancel the retreat for any reason a full refund of your deposit will be made to all participants.

THE CALLING

"Answer the hero's call."

NATE, BRISBANE

"Take the calling."

LIAM, BRISBANE

You don't need to fully understand why this is pulling at you.

You just need to follow it.

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